

2022/2023 PE AND SPORT PREMIUM DEVELOPMENT PLAN

EVIDENCING THE IMPACT & SUSTAINABILITY

Physical activity has numerous benefits for children and young people’s physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The school sport and activity action plan sets out the government’s commitment to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day. It recommends 30 minutes of this is delivered during the school day (in line with the Chief Medical Officer guidelines which recommend an average of at least 60 minutes per day across the week).

The PE and sport premium can help primary schools to achieve this commitment, providing primary schools with £320 million of government funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport offered through their core budgets. It is allocated directly to schools, so they have the flexibility to use it in the way that works best for their pupils.

SCHOOL

Meadowside Primary School

HEAD TEACHER

Mrs J Garnham

PE COORDINATOR

Mrs C Flavell

PE AND SCHOOL SPORT PREMIUM: THE PURPOSE

The premium must be used to fund additional and sustainable improvements to the provision of PE and sport, for the benefit of primary-aged pupils, in the 2022 to 2023 academic year, to encourage the development of healthy, active lifestyles.

VISION: GOVERNMENT VISION

All pupils leaving primary school will be physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport.

VISION: SCHOOL VISION

All pupils leaving primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport

FUNDING OBJECTIVES

At Meadowside, we aim to provide a PE curriculum for pupils from Reception to Year 6, not only to enjoy, but which also allows them to experience a range of activities that help them to develop their health, fitness and wellbeing. We intend to offer a high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It provides opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

The national curriculum for PE aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

KEY OUTCOME INDICATORS: UPDATED 2022/2023

Schools can use the funding to secure improvements in the following indicators;

Key outcome indicator 1: Engagement of all pupils in regular physical activity

For example, by:

- providing targeted activities or support to involve and encourage the least active children
- encouraging active play during break times and lunchtimes
- establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered
- adopting an active mile initiative

- raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim (funding can only be used for additional top-up swimming lessons to pupils who have not been able to meet the 3 national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons and should not be used for core swimming provision).

Key outcome indicator 2: Profile of PE and sport is raised across the school as a tool for whole-school improvement

For example, by:

- actively encourage pupils to take on leadership or volunteer roles that support the delivery of sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
- embedding physical activity into the school day through encouraging active travel to and from school, active break times and holding active lessons and teaching

Key outcome indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

For example, by:

- providing staff with professional development, mentoring, appropriate training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school
- hiring qualified sports coaches and PE specialists to work alongside teachers to enhance or extend current opportunities offered to pupils

Key outcome indicator 4: Broader experience of a range of sports and activities offered to all pupils

For example, by:

- introducing a new range of sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities
- partnering with other schools to run sports and physical activities and clubs
- providing more and broadening the variety of extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sports organisations

Key outcome indicator 5: Increased participation in competitive sport

For example, by:

- increasing and actively encouraging pupils' participation in the School Games
- organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations

EVIDENCING THE IMPACT: REVIEW OF PE AND SCHOOL SPORT PREMIUM EXPENDITURE 2022/2023

Key priorities to date	Key achievements & Impact	How will these achievements be sustained or further developed in 2023/2024?
<p>1. Engagement of all pupils in regular physical activity</p>	<p>Key ACHIEVEMENTS All children to receive 2 hrs of fully inclusive, high quality PE lessons following a structures scheme of work. Lessons are sequenced and reviewed weekly. Sensory Circuit run every morning for an identified SEND group. Swimming blocks adapted to allow children longer time in the pool. Top up session offered to Year 6 for those who have not met the end of KS2 requirements. The Daily Mile introduce in KS1 Spring term and Summer Term for KS2. Top up swimming in Year 6 for those who haven't met the end of KS2 criteria.</p> <p>Impact on PARTICIPATION Planning has been scrutinised and fed back to staff to ensure lessons are following the whole school map. Sensory circuits have been running successfully for targeted children. Year 6 had top swimming in term 1 and 2.</p> <p>Impact on ATTAINMENT Children can talk positively about their PE experiences. More children are attending regular sports clubs during the school day and afterschool. MASC Club has physical aspects planned in after school and during the holidays.</p> <p>An increase in achieving the end of KS2 swimming targets. From 40% to 59%.</p>	<p>Swimming top continued next in Year 6 for those children who aren't meeting the end of Key stage 2 requirements. Sports coaching employed to upskill staff to ensure high quality PE lessons continue.</p>
<p>2. Profile of PE and sport is raised across the school as a tool for whole-school improvement</p>	<p>Key ACHIEVEMENTS Parents informed of sports events and PE achievements Via Twitter and Meadowside Matters. Active classrooms and heat mapping used to improve children attention and wellbeing during lessons. Sports Crew used to run lunchtime activities alongside Mr Tranmer. PE Lead released from teaching to ensure quality of PE Meadowside Sports week planned for summer term in conjunction with sports days. Sports equipment is stored and replaced and is fit for purpose to support children's learning and engagement.</p> <p>Impact on PARTICIPATION Two PE specialists (HTLA/PE Specialist) employed. A PE Lead and event's organiser on PE team. We've attended more events this year than previous years. Regular PE information and feedback has been shared through Meadowside Matters. Active classroom ideas have been shared with class teachers and some classes have managed to reduce the amount of sitting across the school.</p>	<p>Fitness Trackers introduced in KS2 and will develop across the whole school for next academic year. Children will work on bronze, silver, and gold levels. Active classrooms will be encouraged through staff training and heatmapping. PE Lead will continue to monitor planning, sequencing and quality of lessons. Sports Days have been reviewed and evaluated ensuring a variety of inclusive races are adapted in KS2. Links with Latimer School will be in place from September to allow children to use Latimer facilities for competition and development time.</p>

	<p>Impact on ATTAINMENT Won the Kettering Grammar School inside Cricket and Outdoor competition. We attended the swimming gala for the first time and came 3rd. Northampton Saints area day we came 3rd out of the Kettering heats. We played in the Kettering town football league and came 3rd overall. We also attended the girls football league for the first time and came 3rd. We have more children now attending girls football teams at Kettering Town. Also, more children have joined local cricket and football teams.</p>	
3. Increase confidence and skills of staff in teaching PE and Sport	<p>Key ACHIEVEMENTS Staff to follow Get Set 4 PE scheme of work when planning and delivering PE lessons. Mr Tranmer to upskill staff in areas requested by feedback.</p>	PE Leadership team to liaise with teachers using questionnaires. Sharing skills across the school to run clubs and engage children in sport.
	<p>Impact on PARTICIPATION Leadership time spent working with teacher on the sequencing document. On hand specialist to support teachers with knowledge and enthusiasm. Staff upskilled and confident to teach PE across the school.</p>	
	<p>Impact on ATTAINMENT Staff have more autonomy over the lessons they are teaching but support with the Get Set for PE framework. Strong PE leadership sharing skills across the school. End of term assessments show good progress.</p>	
4. Broader experience of a range of sports and activities offered to all pupils	<p>Key ACHIEVEMENTS Meadowside use a number of clubs and coaches to children before and after school (basketball, street dance, tennis, football, girls football, fitness, new age curling and Archery). Staff are also offering a KS1 sports club, a KS2 netball club and a lunch time football tournament. Year 5 children are trained in sports leadership and to deliver lunchtime competitions and sports activities. Outside clubs brought in to promote and engage children’s interests and skills e.g., Northampton Saints and Northampton Cricket Club</p>	To plan a broad range of teacher lead clubs, balanced with specialist clubs run by outside providers. Events organiser to plan a broad range of competitions the SGO, Kettering town football club and Latimer Arts School.
	<p>Impact on PARTICIPATION Get set for PE in line with sequencing document. Time spent with teacher going through the planning of PE to ensure children receive a broader range of skills and sports. Clubs offered included martial arts, netball, multi-skills, football, girls’ football, archery, boccia and new age curling.</p>	
	<p>Impact on ATTAINMENT Hight take up on clubs and interest beyond school. Many children participated in lunchtime leagues run by sports crew.</p>	
	<p>Key ACHIEVEMENTS</p>	

5. Increased participation in competitive sport	KS2 to take part in intra competitions 3 times a term using the KSSP School Games framework. KS2 to take part in an inter competition 3 times a term Using the Year 5 Sports Crew. KS2 to take part in self competitive activities 3 times a term using the Year 6 Sports Crew.	Sports events manager to take over the role of sports crew leader to run self-competitive and tinter level sports competitions.
	Impact on PARTICIPATION Intra competitions entered and developed. Improved links with Local secondary school and events run. Entered Kettering town football league. Inter Competitions run throughout the year but not consistently due to staff absences. Self-competitive events not run this year due to staffing.	
	Impact on ATTAINMENT Meadowside won the Kettering Grammar School inside Cricket and outdoor competitions. We attended the swimming gala for the first time and came 3 rd . During Northampton Saints area day we came 3 rd out of the Kettering heats. We played in the Kettering town football league and came 3 rd overall. We also attended the girls football league for the first time and came 3 rd . We have more children now attending girls football teams at Kettering Town. Also, more children across the school have joined local cricket and football teams.	

SWIMMING: MEETING THE NATIONAL CURRICULUM REQUIREMENTS FOR SWIMMING & WATER SAFETY

- Swimming is a national curriculum requirement
- The 3 requirements for swimming and water safety are that by the end of key stage 2 pupils should be taught to:
 - swim competently, confidently and proficiently over a distance of at least 25 metres
 - use a range of strokes effectively, for example, front crawl, backstroke and breaststroke
 - perform a safe self-rescue in different water-based situations

You can use your funding for:

- Professional development and training that are available to schools to train staff to support high quality swimming and water safety lessons for their pupils
- Additional top-up swimming lessons to pupils who have not been able to meet the 3 national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons. At the end of key stage 2 all pupils are expected to be able to swim confidently and know how to be safe in and around water

Schools are required to annually publish information on the percentage of their pupils in year 6 who met each of the 3 swimming and water safety national curriculum requirements

Outcome	% of pupils achieving outcome			
	2019/2020	2020/2021	2021/2022	2022/2023
Swim competently, confidently and proficiently over a distance of at least 25 metres	Not Completed	Not Completed	40%	59%

	Due to COVID	Due to COVID		
Use a range of strokes effectively; front crawl, backstroke and breaststroke	Not Completed Due to COVID	Not Completed Due to COVID	38%	44%
Perform safe self-rescue in different water-based situations	Not Completed Due to COVID	Not Completed Due to COVID	40%	59%
The premium may also be used to provide additional top-up swimming lessons to pupils who have not been able to meet the national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons. At the end of key stage 2 all pupils are expected to be able to swim confidently and know how to be safe in and around water. Have you used any funding for this purpose?	Not Completed Due to COVID	Not Completed Due to COVID	YES	YES

PE & SCHOOL SPORT DEVELOPMENT PLAN

2022/2023 Funding ✓ Must be allocated and spent by 31 st July 2023	£16,000 + £10 per pupil (Year 1 – Year 6)		SUB TOTAL	
	GRAND TOTAL		£	£19 310
Key outcome indicator 1: Engagement of all pupils in regular physical activity	Planned Expenditure:	<i>£1000</i>	Actual expenditure:	<i>£3000</i>
Key outcome indicator 2: Profile of PE and sport is raised across the school as a tool for whole-school improvement	Planned Expenditure:	<i>£10310</i>	Actual expenditure:	<i>£3990</i>
Key outcome indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport	Planned Expenditure:	<i>£2000</i>	Actual expenditure:	<i>£3000</i>
Key outcome indicator 4: Broader experience of a range of sports and activities offered to all pupils	Planned Expenditure:	<i>£2000</i>	Actual expenditure:	<i>£10310</i>
Key outcome indicator 5: Increased participation in competitive sport	Planned Expenditure:	<i>£4000</i>	Actual expenditure:	<i>£4189</i>
			Actual overall spend	<i>£24489</i>

Accountability

It is a statutory requirement of Ofsted, under their Common Inspection Framework, to ensure that information on the use of the Primary PE and Sport Premium is available on your school website. One of the key purposes of putting information on the school website is to keep parents informed, so this information should be written in a format that is clear and easily accessible.

Completed by:	C Flavell					Date:	September 2022		
Document updated	January 2023	July 2023							

Department for Education guidance on how to use the Primary PE and Sport Premium – updated October 2021

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The school sport and activity action plan sets out the government’s commitment to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day. It recommends 30 minutes of this is delivered during the school day (in line with the Chief Medical Officers guidelines which recommend an average of at least 60 minutes per day across the week).

The PE and sport premium can help primary schools to achieve this commitment, providing primary schools with £320 million of government funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport offered through their core budgets. It is allocated directly to schools, so they have the flexibility to use it in the way that works best for their pupils.

Schools must use the funding to make additional and sustainable improvements to the quality of physical education (PE), physical activity and sport you offer.

This means that you should use the premium to:

- Develop or add to the PE, physical activity and sport activities that your school already offers
- Build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

Schools can use the premium to secure improvements in the following indicators:

1. The engagement of all pupils in regular physical activity – the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

What should your funding NOT be used for?

The Secretary of State does not consider the following expenditure as falling within the scope of additional or sustainable improvement:

- Employ coaches or specialist teachers to cover planning preparation and assessment (PPA) arrangements – these should come out of schools’ core staffing budgets
- Teaching the minimum requirements of the national curriculum PE programmes of study – including this specified for swimming
- Fund capital expenditure - DfE does not set the capitalisation policy for schools, if you are in any doubt as to whether your proposed spending is deemed as capital expenditure, you should first speak with your school business manager or school accountant and their auditors

Active Miles

If schools choose to take part in an active mile, they should use existing playgrounds, fields, halls and sports facilities to incorporate an active mile into the school day and develop a lifelong habit of daily physical activity.

Accountability

School compliance

You are accountable for how you use of the PE and sport premium funding allocated to you. You are expected to spend the grant for the purpose it was provided – to make additional and sustainable improvements to the PE, sport and physical activity offered. Schools and local authorities must follow the terms and conditions in the conditions of the grant documents. <https://www.gov.uk/government/publications/pe-and-sport-premium-conditions-of-grant-2021-to-2022>

Online reporting

Schools must publish details of how you spend your PE and sport premium funding by the end of the summer term or by **31 July 2022 at the latest**.

Online reporting must clearly show:

- the amount of PE and sport premium received
- a full breakdown of how it has been spent
- the impact the school has seen on pupils' PE, physical activity, and sport participation and attainment
- how the improvements will be sustainable in the future

You are also required to publish the percentage of pupils within your year 6 cohort in the 2020 to 2021 academic year who met the national curriculum requirement to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively, for example, front crawl, backstroke and breaststroke
- perform safe self-rescue in different water-based situations

Attainment data for year 6 pupils should be provided from their most recent swimming lessons. This may be data from years 3, 4, 5 or 6, depending on the swimming programme at your school. It is essential to retain attainment data from swimming lessons in years 3 to 5 to be able to report this accurately in year 6.

Review of online reports

School online reporting will be monitored by DfE. We will sample a number of schools in each local authority to review what they have published on their use of the funding and their swimming attainment. Schools are expected to spend the grant for the purpose that it was provided only, in accordance with the conditions of the grant, to make additional and sustainable improvements to the PE, sport and physical activity provided.

Payment dates for the 2020/2021

Maintained schools, including PRU's and general hospitals

Maintained schools, including PRUs and general hospitals, do not receive funding directly from DfE. We give the funding to your local authority and they pass it on to you.

We give local authorities PE and sport premium funding for maintained schools in 2 separate payments. They receive:

- 7/12 of your funding allocation on 29th October 2021
- 5/12 of your funding allocation on 29th April 2022

Academies, free schools and CTCs

We send academies, free schools and CTCs their PE and sport premium funding in 2 separate payments. You receive:

- 7/12 of your funding allocation on 2nd November 2021
- 5/12 of your funding allocation on 3rd May 2022

Non-maintained special schools

We send non-maintained special schools their PE and sport premium funding in 2 separate payments. You receive:

- 7/12 of your funding allocation on 2nd November 2021
- 5/12 of your funding allocation on 4th May 2022

Useful websites

PE and sport premium for primary schools

<https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools>

Association for Physical Education

<http://www.afpe.org.uk/physical-education/advice-on-sport-premium/#>

Youth Sport Trust

<https://www.youthsporttrust.org/PE-sport-premium>